

Old Scotch Collegians Athletic Club – Winter Newsletter No. 1 2009

Welcome Back

Welcome back to all athletes for the 2009 APSOCAAA winter season.

The Jamieson Handicap

The first event for the season had 179 runners attempting the 5km Jamieson course at Scotch College on 4th April. Old Scotch had 30 runners, all eager to get off to a good start.

Teams Events

Old Scotch placed 3rd in the Division 1 Open teams event behind Old Xavs and Haileybury. Our team included Pete Simm, Darcy Long, Robert Schwerkolt, James Martin, James Neeson and Chris Taylor. In Division 2 we came 2nd behind Old Xavs 3 team and ahead of Haileybury 3. Our team included Harley Stewart, Daniel Li, Michael Holloway, David Lightfoot, James Duffy and Susanne Wilson. In the womens' team event we placed 4th. Our team included Susanne Wilson, Rebecca Podbury, Julia Holmes and Janet Holmes.

Scratch Results

Pete Simm (6th), Darcy Long (15th) and Robert Schwerkolt (21st) all ran well. Pete was only 0.2 seconds slower than last year! It was pleasing to see Scotch schoolboys competing in this event - James Martin (40th), James Neeson (42nd), Harley Stewart (45th), Daniel Li (50th), Michael Holloway (57th), James Duffy (68th), James Woodhouse (140th), Kaya Bertan (144th) and David Athan (150th). Susanne Wilson was our top female runner finishing 74th overall and 7th female.

Handicap

David Lightfoot improved his time from last year by over 4 minutes to ensure he won the handicap event. With improvement like that, David is looking forward to having an injury free season. Chris Taylor was our next best handicap performer finishing 11th, followed by last year's handicap winner Julia Holmes (28th).

A big thank you to the marshals on the course, and to Candice Charles and Karen Le Rossignol for preparing the afternoon tea for the runners and their support teams.

Jamieson 5km	Scratch Place 2009	Time 2009	Time 2008	H'cap Place 2009
Simm, Peter	6	16:18.3	16:18.1	91
Long, Darcy	15	16:44.5	17:21.3	54
Schwerkolt, Rob	21	17:13.4	16:19.2	106
Martin, James	40	18:09.5		143
Neeson, Jason	42	18:12.9		144
Taylor, Chris	43	18:13.5	19:23.8	11
Stewart, Harley	45	18:15.1	18:42.2	82
Li, Daniel	50	18:24.9	19:41.6	22
Holloway, Michael	57	18:54.1		152
Lightfoot, David	61	18:59.8	23:03.4	1
Duffy, James	68	19:37.2		153
Wilson, Susanne	74	19:51.5	19:34.6	76
Curry, Sam	80	20:12.1		51
Oehr, Tarquin	96	21:28.7	21:38.1	112
Wallace-Smith, Nick	108	21:54.4	20:19.0	129
Podbury, Rebecca	113	22:07.3		162
Aitken, Andrew	118	22:11.4	21:44.5	110
Dodgshun, Peter	119	22:11.7	23:01.7	36
Facey, Stuart	131	23:11.8	22:51.2	132
Voukelatos, Gerry	132	23:14.4	24:49.4	33
Holmes, Julia	137	23:34.5	23:41.1	28

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Woodhouse, James	140	23:56.0		170
Bertan, Kaya	144	24:29.1		171
Holmes, Janet	147	24:35.6		126
Athan, David	150	25:29.5		173
Watson, Malcolm	154	26:20.7		154
Findlay, Colin	156	26:28.0	27:02.5	95
Wilson, Rob	158	26:49.6	24:54.5	116
Lightfoot, Lisa	159	26:52.2	24:15.2	131
Purvis, Mark	DNF		18:19.0	DNF



What a fine looking bunch at the Jamieson

Dyson Relay

A huge turnout of runners descended on the Tan for the Dyson Relay on 2nd May. Old Xavs were determined to have the most competitors with 80 red and black singlets around the course. Old Scotch had 28 runners, all keen to improve on last year's team performances.

Team Results

Our Division 1 Open team was led out by Darcy Long (9th), followed by James Atkinson (3rd – 11:46.8, 27 seconds faster than last year), Pete Simm (12th), Liam Magee (11th), Robert Schwerkolt (14th) and Scott Lawrence (30th). With one runner to go, Old Scotch was in the lead ahead of Old Xavs and Old Haileybury by a minute. Scott held on to give Old Scotch its first team victory since 2002 in a time of 73:35, with Old Xavs 2nd in 74:15 and Haileybury 3rd in 74:21. It was great to see Liam, a former schoolboy star, back in an Old Scotch singlet for the first time in about 15 years

In Division 2, our team finished 7th in a time of 89:41. The team included Tarquin Oehr (137th), David Lightfoot (65th), Sam Curry (96th), Nick Wallace-Smith (108th), James Cathie (143rd) and Chris Taylor (49th).

In the women's relay, Grace Lightfoot put in a great effort to run 17:12. The team finished 10th in a time of 72:09. The team included Grace, Julia Holmes, Janet Holmes and Tamami Koike.

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Dyson Relay	Place 2009	Time 2009	Time 2008
Atkinson, James	3	11:46.8	12:13.8
Long, Darcy	9	12:02.4	12:25.8
Magee, Liam	11	12:10.8	
Simm, Peter	12	12:13.2	
Schwerkolt, Rob	14	12:23.4	11:51.9
Lawrence, Scott	30	12:59.4	
Taylor, Chris	49	13:37.2	14:22.2
Lightfoot, David	65	14:03.0	16:19.3
Smith, Brian	94	14:46.2	
Curry, Sam	96	14:48.0	
Wallace-Smith, Nick	108	15:03.6	15:37.2
Holmes, Jon	132	15:52.8	
Oehr, Tarquin	137	15:58.0	15:36.6
Cathie, James	143	16:10.8	15:16.2
Facey, Stuart	157	16:29.4	
Dodgshun, Peter	171	16:57.0	17:06.0
Purvis, Mark	175	17:10.8	13:31.5
Lightfoot, Grace	177	17:12.3	
Koike, Tamami	185	17:46.8	
Marshall, Peter	187	17:48.7	
Voukelatos, Gerry	189	17:51.6	17:37.8
Lightfoot, Lisa	190	18:00.0	17:57.6
Holmes, Janet	195	18:19.2	
Holmes, Julia	204	18:50.4	
Findlay, Colin	219	19:48.6	
Wilson, Rob	226	20:24.6	18:33.6
Evans, Gregor	229	20:58.6	
Evans, Naomi	235	21:30.0	



Rob Schwerkolt, Scott Lawrence, James Atkinson and Liam Magee with the Dyson Shield

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Annual General Meeting

Over 80 club members and friends enjoyed an entertaining AGM at the QPO Bar & Bistro on 28 April. Presentations were made to our summer and winter award winners before an entertaining Q & A session with legendary middle distance runner Steve Ovett.

Your new committee is:

President – Stu Facey

Secretary – Andrew Pirie

Treasurer & Registrar – Mark Purvis

Vice Presidents

Track & Field – Peter Marshall

Cross Country – Peter Dodgshun

Social & Fundraising – Andrew Hennessy

Publicity & Website – James Cathie

General Committee

Steve Gaffney

Meg Mulcahy



U16 best athlete award winners Tony Crawford and Damien Di Donato with Steve Ovett

Upcoming Races

The next race is the Hare and Hounds (8k) at Arch Brown Reserve, Berwick (Melway Ref. 111 F6) on Saturday 16th May at 2:30pm. Please bring a plate of afternoon tea and be there by 2:00pm so that the handicapper can determine your start time after Go.

The following Saturday (23rd May) the race is the Ken Orchard Handicap (10k) at Albert Park (Melway Ref. 2L A11) at 2:30pm. Bring coins for the parking meters!