

## The Brighton-By-The-Sea 9km, Saturday 29<sup>th</sup> July, 2006

### Summary

Brighton was one of our best days for the season! We had 16 runners and four teams competing. Pete Simm arrived aiming to get "a couple of points" for the athlete of the year championship. Despite his chronic groin injury, he walked a way with 6 points for the championship and 10 points for pure guts and determination. Georgie Galbraith posted our best handicap performance for the year, coming third! Our best team placed fourth.

### Scratch Race

As we are approaching the serious end of the season, I am finding that our results are consistently improving. If we can get all runners on the track in the remaining rounds, we could give Old Haileybury a serious run for their money and take out second place in the club championship. Having said this, James Atkinson had his first race for the season and ran a ripper. Even though he admitted to me that he was a little over his race weight, he still ran strongly and finished 6<sup>th</sup>. Rob Schwerkolt also ran strongly and finished 4<sup>th</sup>. David Lightfoot is improving out of sight! He confessed though to using Rob Schwerkolt as a wind shield whilst running up the beach. David came 18<sup>th</sup> with another improver, Scott Lawrence, was not far behind in 19<sup>th</sup> position. In the duel of the year, Stuart Facey and Ross Becroft had another tight race. On the course, Stu quickly reduced the 10sec gap, but couldn't quite keep up. Ross the victor this time

### Handicap Race

At last! A medal in the handicap division! Georgie Galbraith was rewarded for her recent training efforts, and came third. Georgie hit the lead almost within sight of the finish, but couldn't quite hold on. Interestingly, we had 5 Old Scotchies (Bruce Wilson, Jon Holmes, Ross Becroft, Rob Wilson and Lynn Kisler) finish within 8 seconds of each other. Well done to the handicapper!

### Full Results

See Scotch results below, OR for full results: <http://www.geocities.com/apsoc/>

### Next Race

The next race is Saturday the 12<sup>th</sup> of August. It is the Churchill Park 6/12km race at Churchill Park, Rowville (Melway 82 C10). It would be great to see a huge contingent of cardinal there. Cam Beatty should return from his commando course and have a run, and Will Hauser has returned from Europe and could do with a run.

### End of Season Dinner

The 75<sup>th</sup> Anniversary Dinner of the APSOC AAA will be held after the Cooke-McLelland on Saturday 9<sup>th</sup> of September in the Cardinal Pavillion at Scotch College at 7pm. Please let me know if you wish to attend.

For full details:

[http://www.geocities.com/apsoc4/APSOC\\_Dinner\\_flyer.pdf](http://www.geocities.com/apsoc4/APSOC_Dinner_flyer.pdf)

**EARLY BIRD OFFER ENDS AT CHURCHILL PARK. SO IF YOU WISH TO TAKE THIS OFFER PLEASE BRING \$75 PER HEAD TO CHURCHILL (CHEQUE MADE OUT TO 'OLD SCOTCH COLLEGIANS A.C. INC.')** OTHERWISE ITS \$85.

**WE HAVE HAD A LOT OF INTEREST ALREADY, AND IT WOULD BE GREAT TO HAVE MORE OLD SCOTCHIES THERE!**

Cheers

Nick W-S, Cross Country VP

---

OSC Athletic Club 2006-07: Sponsored by **Buddha's Belly** - Licensed Cafe & Bar  
75 Chapel St, Windsor (near Windsor Station, Dandenong Rd end of Chapel St)

Open 7.00 am - 3.30 pm  
9510 3696

### APSOCAAA Brighton-By-The-Sea 9 km - 29 July 2006 - Scratch Results

Pos	Name	Club	Time	Status
1	Simm, Peter	OS	30:39.7	
4	Schwerkolt, Robert	OS	31:38.0	
6	Atkinson, James	OS	32:34.1	
18	Lightfoot, David	OS	35:09.4	
19	Lawrence, Scott	OS	35:15.4	
30	Becroft, Ross	OS	37:55.4	
32	Wilson, Bruce	OS	38:22.0	
41	Facey, Stuart	OS	39:32.5	
50	Wallace-Smith, Nick	OS	41:04.3	
54	Holmes, Jon	OS	41:43.2	
63	Kisler, Lynn	OS	42:40.9	Female
65	Dodgshun, Peter	OS	43:03.9	
69	Galbraith, Georgina	OS	43:51.9	Female
71	Aitken, Andrew	OS	44:24.2	
81	Lightfoot, Lisa	OS	47:15.5	Female
84	Wilson, Rob	OS	48:56.7	

### APSOCAAA Brighton-By-The-Sea 9 km - 29 July 2006 - Handicap Results

Hcp Pos	Name	Club	Time	Hcp	Adj Time	Status
3	Galbraith, Georgina	OS	54:21.9	10.30	43:51.9	Female
21	Simm, Peter	OS	55:29.7	24.50	30:39.7	
25	Schwerkolt, Robert	OS	55:38.0	24.00	31:38.0	
27	Lawrence, Scott	OS	55:45.4	20.30	35:15.4	
31	Dodgshun, Peter	OS	55:53.9	12.50	43:03.9	
35	Wilson, Bruce	OS	56:12.1	17.50	38:22.0	
36	Holmes, Jon	OS	56:13.2	14.30	41:43.2	
38	Becroft, Ross	OS	56:15.4	18.20	37:55.4	
39	Wilson, Rob	OS	56:16.7	7.20	48:56.7	
43	Kisler, Lynn	OS	56:20.9	13.40	42:40.9	Female
47	Atkinson, James	OS	56:44.1	24.10	32:34.1	
57	Aitken, Andrew	OS	57:24.2	13.00	44:24.2	
58	Lightfoot, David	OS	57:29.4	22.20	35:09.4	
63	Facey, Stuart	OS	58:02.5	18.30	39:32.5	
65	Wallace-Smith, Nick	OS	59:04.3	18.00	41:04.3	
70	Lightfoot, Lisa	OS	01:45.5	14.30	47:15.5	Female

### APSOCAAA Brighton-By-The-Sea 9 km - 29 July 2006 - Team Results

Plc	Team	Name	Time	Pos	Pts
4	OS1	Galbraith, Georgina	54:21.9	3	
		Simm, Peter	55:29.7	21	
		Schwerkolt, Robert	55:38.0	25	
		Lawrence, Scott	55:45.4	27	76
9	OS2	Dodgshun, Peter	55:53.9	31	
		Wilson, Bruce	56:12.1	35	
		Holmes, Jon	56:13.2	36	
		Becroft, Ross	56:15.4	38	140
11	OS3	Wilson, Rob	56:16.7	39	
		Kisler, Lynn	56:20.9	43	

		Atkinson, James	56:44.1	47	
		Aitken, Andrew	57:24.2	57	186
15	OS4	Lightfoot, David	57:29.4	58	
		Facey, Stuart	58:02.5	63	
		Wallace-Smith, Nick	59:04.3	65	
		Lightfoot, Lisa	01:45.5	70	256