

# Old Scotch Collegians Athletic Club - Winter Season 2011

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Newsletter No. 6

4 October 2011

## Old Scotch Aths TV launched

Old Scotch has a new committee member, Tony Crawford, who has found time during his busy year 12 at school to set up the club's own YouTube channel. Tony's first video production is the 800m Handicap and it rocks! See it at <http://www.youtube.com/user/OldScotchAths> and add the page to your Favourites.

## Schwerkolt sets another record

Rob Schwerkolt competed recently in a one hour run at the Doncaster athletics track and set a new Victorian M45 record with a distance of 17.621 km (previous record was 16.598 km), just 138m short of the Australian record (17.759 km). Rob had his three daughters as support crew, recording each lap time and encouraging him to better the record. Congratulations to Rob on another great run.

## World Mountain Running Championships at Tirana, Albania - 11 September

Gerard Robb was selected as a member of the Australian men's team to compete in this year's event. The weather was extremely hot (32 degrees C) and very humid. The course was 13.07 km and involved a climb of 750m. Gerard finished with a time of 69:35 (83<sup>rd</sup> overall and 5<sup>th</sup> Australian).

## Commonwealth Mountain Running Championships at Llanberis, North Wales - 24 September

Gerard continued his mountain running campaign with the Australian team in Wales. This time the course was over 12 km and Gerard finished with a time of 57:34 (24<sup>th</sup> and 4<sup>th</sup> Australian). The men's team finished 4<sup>th</sup> overall.



*The heat and dust of Albania starkly contrasts with grassy fell running in Wales*

## Hare and Hounds Handicap at Berwick - 10 September

The cross country event at Berwick provides a real challenge to runners each year. The dreaded firebreak hill, the slippery downhill tracks and the thought of being chased by cattle or horses may be in the back of runners' minds, but it's always a great run. Eleven OS runners competed in this year's event. Carolyn Wood was welcomed as new runner for Old Scotch.

### Scratch Results

Rob Schwerkolt and Mike Taylor used the Scotch Family Day 800m handicap race in the morning as a warm-up for the afternoon event. Rob was the fastest runner and Mike was third in a field of 69.

### Handicap Results

Rob Schwerkolt (5<sup>th</sup>) was our highest finisher, ahead of Jon Holmes (6<sup>th</sup>) and Julia Holmes (13<sup>th</sup>).

## Cooke-McClelland Race at Kew - 24 September

The final race for the season attracts the top runners from all clubs. This year Old Scotch, Haileybury and Old Xavs had very strong Div 1 teams competing for the shield.

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## Scratch Results

Liam Magee was our highest placed runner, finishing 3<sup>rd</sup>, ahead of Rob Schwerkolt (8<sup>th</sup> and 2<sup>nd</sup> M40), David Venour (11<sup>th</sup> and 3<sup>rd</sup> M40) and James Atkinson (12<sup>th</sup> and 4<sup>th</sup> M40).

## Team Results

Div 1 – the OS1 team included Liam Magee, Rob Schwerkolt, David Venour, James Atkinson, Peter Simm and Sam McLean and, in the closest team result in the 80 year history of the race, finished 2<sup>nd</sup> (80 points), only one point behind Haileybury (79 points) and one point ahead of OX (81 points). OS2 finished in 8<sup>th</sup> place on 384 points.

Div 2 - OS3 finished in 8<sup>th</sup> place on 601 points.

Women - Unfortunately OS only had three female runners, which was insufficient for a team result.

*Cooke-McClelland team 2011*



## APSOC AAA Annual Presentation Dinner

The following final placings were announced at the dinner:

### Teams Competition

<b>Open Div 1</b>	3 <sup>rd</sup>	OS1	42 points
	9 <sup>th</sup>	OS2	15 points
<b>Open Div 2</b>	9 <sup>th</sup>	OS3	12 points
<b>Women</b>	9 <sup>th</sup>	OS1	11 points

### Athlete of the Year

<b>Male Open</b>	3 <sup>rd</sup>	Gerard Robb
<b>M40</b>	2 <sup>nd</sup>	Rob Schwerkolt
<b>M50</b>	2 <sup>nd</sup>	Mark Purvis
<b>M60</b>	3 <sup>rd</sup>	Stuart Facey
<b>W50</b>	3 <sup>rd</sup>	Tamami Koike
<b>Most Consistent</b>	2 <sup>nd</sup>	Peter Dodgshun
<b>Most Improved</b>	5 <sup>th</sup>	Jon Holmes
<b>Spartans</b>		Peter Dodgshun, Gerry Voukelatos, Rob Wilson (all 13 APSOC races)

### Graham Wise Athletes Scholarship Fund

Mark Purvis on behalf of the trustees announced four grants to APSOC athletes with outstanding performances: Gerard Robb (OS), Anthony Aloisio (SK), Abi Bailey (OX) and Tessa Craig (OH). A raffle for donated prizes at the dinner raised over \$850 for the Fund.

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## RESULTS

### AV Half Marathon at Burnley - 4 September 2011

Men			Women		
71	McLean, Sam	78:54	57	Kamiya, Mutsumi	99:39
74	Taylor, Chris	79:05	79	Koike, Tamami	105:20
80	Schwerkolt, Rob	79:39 (4 <sup>th</sup> M45)			
87	Taylor, Mike	80:03			
152	Lawrence, Scott	86:14 (15 <sup>th</sup> M45)			
229	Robb, Gerard	91:36			
331	Dodgshun, Peter	111:10 (15 <sup>th</sup> M55)			

### Ewen Macdonald 800m Handicap at Scotch Family Day - 10 September 2011

Place	Athlete	Mark	Time	m/sec	Adjusted 800m time
1	Neeson J	95m	1:56.6	6.05	2:12.2
2	Magee L	40m	1:59.1	6.38	2:05.4
3	Sofo J	60m	2:01.1	6.11	2:10.9
4	Schwerkolt R	10m	2:01.5	6.50	2:03.1
5	Taylor C	0m	2:02.7	6.52	2:02.7
6	Taylor M	30m	2:04.0	6.21	2:08.8
7	Simm P	50m	2:04.3	6.03	2:12.7
8	McLean S	50m	2:04.7	6:01	2:13.1
9	Gundlach H	30m	2:06.8	6:07	2:11.8
10	Grose M	75m	2:08.9	5.62	2:22.3
11	McLennan D	80m	2:09.5	5.60	2:22.9
12	Baker C	70m	2:10.1	5.61	2:22.6

Neeson wins



Placegetters Magee, Neeson, Sofo



### APSOC AAA Hare and Hounds - 8 km - 10 September 2011

Scr Pos	Name	Time	Time 2010		Age Grp	Hcap Place	Net Move
1	Schwerkolt, Robert	29:41.74			1 <sup>st</sup> M40	5	64
3	Taylor, Michael	31:17.05				22	47
33	Holmes, Jon	40:39.40	43:08.81		4 <sup>th</sup> M50	6	21
35	Dodgshun, Peter	41:06.46	42:31.55		5 <sup>th</sup> M50	50	-10
36	Koike, Tamami	41:48.34	42:24.24	Female	2 <sup>nd</sup> W50	49	-12
37	Facey, Stuart	42:05.43			1 <sup>st</sup> M60	42	-9
46	Watson, Nigel	43:57.34	42:09.27		4 <sup>th</sup> M60	28	-7
51	Holmes, Julia	45:57.37		Female		13	0
55	Wood, Carolyn	47:29.71		Female		56*	-39
58	Wilson, Rob	48:54.52	47:32.93			60	-44

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60	Voukelatos, Gerry	50:43.18	47:36.62		45	-35
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## AV Tan Relays - 17 September 2011

### Men

Wallis, Adrian	11:58
Schwerkolt, Robert	12:22
McLean, Sam	12:28
Simm, Peter	12:40
Taylor, Mike	13:05
Lawrence, Scott	13:39
McLean, Matt	14:35
Holmes, Jon	16:48
Dodgshun, Peter	16:54
Facey, Stuart	17:00

### Women

Kamiya, Mutsumi	15:56
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## APSOCAA Cooke McClelland 8 km - 24 September 2011

Pos	Name	Time	Time 2010		Age Grp
3	Magee, Liam	26:59.99	28:32.84		
8	Schwerkolt, Robert	27:37.84	28:26.24		2 <sup>nd</sup> M40
11	Venour, David	27:49.62			3 <sup>rd</sup> M40
12	Atkinson, James	27:56.62	27:22.34		4 <sup>th</sup> M40
22	Simm, Peter	28:53.55	27:02.96		
24	McLean, Sam	29:17.30	29:05.87		
29	Taylor, Michael	29:53.30	30:03.21		
44	Curry, Sam	31:21.24	31:11.90		
58	Arbib, Dan	33:13.96	34:01.34		
78	Kamiya, Mutsumi	36:09.65		Female	
84	Oehr, Tarquin	36:54.11			1 <sup>st</sup> M60
91	Oehr, Lucy	37:29.18		Female	
92	Wallace-Smith, Nick	37:33.49	33:06.37		
93	Holmes, Jon	37:44.49	42:00.43		5 <sup>th</sup> M50
95	Facey, Stuart	38:16.08			2 <sup>nd</sup> M60
100	Dodgshun, Peter	39:13.87	39:03.96		
102	Koike, Tamami	39:31.02	41:31.87	Female	2 <sup>nd</sup> W50
119	Watson, Nigel	41:58.08			6 <sup>th</sup> M60
125	Wilson, Rob	46:27.58	45:28.43		
126	Voukelatos, Gerry	47:03.81	47:57.81		
130	Findlay, Colin	55:11.30			

## UPCOMING EVENTS

Sun 9 October - **Melbourne Marathon** - good luck to OS members Sam McLean, Dave Venour, Nick Wallace-Smith and Tamami Koike!

Sat 15 October – **Round 1 AV Shield** at Doncaster

Fri 21 October – **APSU end of season dinner** at Flying Duck Hotel, Prahran (RSVP to Mark)