

2010/11 Shield Final

After a closely-fought contest in the AV Shield final at Knox, Old Scotch's division 2 team had to be content with finishing as runners-up for the second year in a row. The final margin of 50 points to Preston did not really reflect how close it was, as the lead changed several times during the day. In the end, it was Preston's wins in the relay, pole vault and triple jump that were the most significant. In the remaining eight events on the program, OS had the edge.

We had several major point scorers on the day: Nick Burgess won the discus and javelin, and also ran in the 100m and relay. Rob Schwerkolt won the 1500m and steeple, then finished off with a handy 400m. Pete Marshall did four events with three season bests (SB). Attila Baranyay won the 100m, ran a PB in the 400m and anchored the relay. Among these three team players, Rob's willingness to step out of his comfort zone to contest the steeple (and set an M40 club record in the process), then back up with the 400m, highlighted both his talent and never-say-die team spirit.

But every member of the team made significant contributions. Pete Simm ran through a calf strain to complete and win his heat of the 1500m. Rob Belton stepped up to contest the triple jump when gun performer Andrew Wheeler was unfortunately ruled out with injury. Tim Ranson ran a PB in the 400m to cap a season of great improvement. Gerard Robb, who competed in the 1500m at 10.15 am, was still at the track six hours later in case he was needed for the 400m.

It's been a good summer for the club, and now we look forward to the various state and national championships, followed by the winter road and cross country season.

RESULTS – 12 Feb 2011

100m	Baranyay A	11.79 (3.1)	25	
	Burgess N	12.50 (3.1)	18	
	Marshall P	12.97 (4.3) SB	16	
	Ranson T	13.39 (1.6)	11	70 v Preston 69
400m	Baranyay A	51.23 PB	21	
	Taylor C	52.90	18	
	Ranson T	54.66 PB	14	
	Schwerkolt R	55.87	13	66 v 83
1500m	Schwerkolt R	4:05.9 SB	25	

	Simm P	4:16.8	20	
	Robb G	4:20.3	18	
	Curry S	4:29.6	14	77 v 58
4x100	Burgess, Ranson, Marshall,			
	Baranyay	46.80	32	32 v 50
110H	Marshall P	22.27 (2.7) SB	20	
	Belton R	26.72 (2.7) SB	16	36 v 47
2kW	Jamieson A	9:31.1	22	
	B-Wells M	10:01.8	18	40 v 45
3kSt	Schwerkolt R	10:15.4 PB CR	25	
	Curry S	11:14.2 PB	18	43 v 26
TJ	Marshall P	10.14m SB	16	
	Belton R	8.57m	10	26 v 47
PV	-		0	0 v 23.5
Jav	Burgess N	41.68m PB?	25	
	Wheeler A	40.79m SB	22	47 v 38
Discus	Burgess N	33.00m PB?	25	
	Belton R	18.48m	12	37 v 42

Final points

PTN	524.5
OSC	474
RIC	379.5
GHY	320
COB	153

Individual points

Burgess	76
Schwerkolt	63
Marshall	60
Baranyay	54
Belton	38
Ranson	33
Curry	32
Jamieson	22
Wheeler	22
Simm	20
Beaton-Wells	18
Robb	18
Taylor	18