

Old Scotch Collegians Athletic Club - Winter Season 2010

Newsletter No. 1

21 April 2010

Welcome to all athletes for the 2010 APSOCAA cross country season. In particular, welcome to new recruits Sam McLean and Troy Williams, and to returning athletes Andrew Krumins and David Leeton.

The Jamieson Handicap – 10 April 2010

The first event for the season had 189 runners (including 11 invitation competitors) lining up near the Monash Gates for the 5km Jamieson course around the perimeter of Scotch College on 10th April. The weather was overcast, but perfect for running. Old Scotch had 33 runners and another 4 running by invitation, aiming to improve on last year's performances. Many schoolboys and schoolgirls competed in this event held on the last weekend of the school holidays.

Teams Events

Division 1 - Old Scotch finished 3rd behind Old Xavs and Haileybury. Our team was Liam Magee, Andrew Krumins, Robert Schwerkolt, Sam McLean, David Lightfoot and Hugh Gundlach.

Division 2 - Old Scotch 2 finished 1st ahead of Old Geelong Collegians and Haileybury 3. Our team was Scott Lawrence, Mark Purvis, James Neeson, David Leeton, Adrian Wallis and Sam Curry.

Women's Division - Old Scotch finished 5th. Our team was Lucy Oehr, Grace Lightfoot, Tamami Koike and Lisa Lightfoot.

Scratch Results

Liam Magee (4th), Andrew Krumins (7th), Rob Schwerkolt (11th), Sam McLean (15th), David Lightfoot (24th) and Hugh Gundlach (25th) all ran well. David Lightfoot improved on last year's time by 1:17. Troy Williams and 14 year old schoolboy James Clements ran by invitation. They will certainly strengthen our team results in the future. Lucy Oehr was our best female (104th overall and 10th female).

Handicap Results

Among those eligible for the handicap, Sam Curry finished 7th after improving by 1:48 on last year's time. Nigel Watson was placed 16th and was followed by David Lightfoot (26th).

Thank you to the volunteers who acted as marshals around the course and to the officials on the finish line for recording the results. A special thanks to Candice Charles and Anne Dodgshun for preparing the afternoon tea for the runners and their supporters.

Robbie Schwerkolt leads David Rayner (OC) and Sam McLean (obscured)



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| RESULTS Jamieson 5km 10 April 2010 | Scratch Place 2010 | Time 2010 | Time 2009 | H'cap Place 2010 |
|---|-----------------------------------|----------------------|----------------------|---------------------------------|
| Magee, Liam | 4 | 16:10.14 | | 63* |
| Krumins, Andrew | 7 | 16:16.34 | | 37* |
| Williams, Troy | INV | 16:35.96 | | |
| Schwerkolt, Rob | 11 | 16:56.52 | 17:13.4 | 75 |
| McLean, Sam | 15 | 17:11.58 | | 141* |
| Clements, James | INV | 17:22.43 | | |
| Lightfoot, David | 24 | 17:42.65 | 18:59.8 | 26 |
| Gundlach, Hugh | 25 | 17:47.46 | | 27 |
| Lawrence, Scott | 28 | 18:00.49 | | 51 |
| Purvis, Mark | 29 | 18:01.52 | | 46 |
| Neeson, Jason | 35 | 18:11.65 | 18:12.9 | 72* |
| Leeton, David | 37 | 18:15.30 | | 32* |
| Wallis, Adrian | 38 | 18:16.11 | | 134 |
| Curry, Sam | 41 | 18:24.05 | 20:12.1 | 7 |
| Pengilly, Martin | 45 | 18:27.84 | | 116 |
| Crawford, Tony | 55 | 19:05.02 | | 154* |
| Malcolm, Lachlan | 56 | 19:11.81 | | 2* |
| Wallace-Smith, Nick | 74 | 20:19.37 | 21:54.4 | 67 |
| Watson, Nicholas | 86 | 21:10.34 | | 162* |
| Oehr, Tarquin | 90 | 21:18.58 | 21:28.7 | 79 |
| Oehr, Lucy | 104 | 22:10.90 | | 10* |
| Aitken, Andrew | 116 | 22:58.40 | 22:11.4 | 111 |
| Dodgshun, Peter | 120 | 23:16.30 | 22:11.7 | 90 |
| Lightfoot, Grace | 124 | 23:26.46 | | 80* |
| Becroft, Ross | 127 | 23:41.08 | | 65 |
| Watson, Nigel | 133 | 24:24.90 | | 16 |
| Lightfoot, James | 135 | 24:35.43 | | 169* |
| Koike, Tamami | 136 | 24:38.14 | | 101 |
| Lightfoot, Lisa | 141 | 25:12.52 | 26:52.2 | 86 |
| Facey, Stuart | 143 | 25:24.65 | 23:11.8 | 144 |
| Voukelatos, Gerry | 152 | 26:19.81 | 23:14.4 | 104 |
| Wilson, Rob | 159 | 26:51.90 | 26:49.6 | 94 |
| Holmes, Julia | 170 | 29:18.93 | 23:34.5 | 153 |
| Holmes, Jon | 171 | 29:37.58 | | 165 |
| Evans, Naomi | 172 | 29:52.18 | | 149* |
| Matsushita, Yukiko | INV | 35:53.27 | | |
| Jeong, Yeonghee | INV | 35:53.96 | | |

* insufficient races to be eligible for handicap award



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Next Races

The next race is the ***Brighton by the Sea Handicap*** (9km)

When: Sat 24th April @ 9:30am (be there at least 30 minutes prior)

Where: Green Point, Brighton (Melway 76 C3)

Parking in side streets or in foreshore carpark

Please bring a plate of morning tea.

The following race is an important team points scoring relay - ***The Dyson Relay***

When: Sat 15th May @ 2:30pm (be there at least 45 minutes prior)

Where: The Tan (near the Herbarium) (Melway 2L B2)

Please bring a plate of afternoon tea.

Another important date:

Old Scotch Athletics Club Dinner and AGM

When: Wed 12th May @ 7:00pm

Where: TBA

Guest Presenter: TBA

Unfortunately the training camp at Cowes scheduled for this weekend has been cancelled.

Registration

Your 2010-11 club subscriptions are now due. Download a registration form from the club website at <http://www.oldscotchaths.com.au/Member.htm>.