

## Round 9 12/12/2009

Good conditions at Doncaster saw some good performances by OS athletes yesterday, but best news was the debut appearances of middle distance runner Nick (son of Mal) Watson and sprinter James Mullaly. The juniors had their best attendance of the season, giving us strong sprint and relay results. Chris Taylor finally went under two minutes for 800m, while Lachie M-M just keeps improving every week. Walking wonder Andrew Jamieson broke his own M40 and M50 club records in the 3000m walk.

Relay photos are on line at

<http://www.facebook.com/album.php?aid=142243&id=500191011&l=5baff26b51>.

A BBQ was enjoyed by all during the afternoon. Thanks to Ian Handasyde for acting as our official.

This was the last round before Christmas and left us well placed to have a real go at the division 2 premierships. There are three rounds in January. PLEASE NOTE that the two Thursday night meets have been switched to Saturday 16 Jan and Saturday 30 Jan. You need FOUR rounds to qualify for the final on 6 Feb (not three as previously advised), so some athletes will need to compete in all three of the January rounds.

### RESULTS – 14 Dec 2009

#### Open

200m	W Huggett	23.89	(1.2)
	A Hennessy	25.78	(1.0)
	P Marshall	26.38	(1.0)
800m	C Taylor	1:59.6	
	N Watson	2:04.7	
	L M-McHarg	2:10.0	
	M Purvis	2:18.3	M50 CLUB REC
	J Cathie	2:28.1	
	P Dodgshun	2:47.9	
5000m	R Schwerkolt	15:28.2	
	M Purvis	17:19.4	
	L M-McHarg	18:14.5	
	P Dodgshun	21:51.7	
4x400	W Huggett, D Di Donato, J Mullaly, N Watson	3:45.4	
	A Hennessy, J Cathie, P Marshall, L M-McHarg	4:09.5	
3kW	A Jamieson	14:05.3	M50 & M40 CLUB REC
	S Facey	18:09.4	
HJ	R Belton	1.45m	
LJ	R Belton	4.59m	
Shot	R Belton	7.29m	
HT	R Belton	12.00m	

#### U18

200m	J Finlay	23.47	(1.2)
	T Crawford	24.00	(1.2)
	J Mullaly	25.23	(nwi)

#### U16

200m	D Di Donato	24.65	(0.7)
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