

## Round 4

Old Scotch was pleased to welcome three new members in round 4 of AV Shield. 2008 school leaver and law student Matt Grose did the triple jump. Lachie McKenzie-McHarg made a great first-up contribution, competing in four track events. 13 year old schoolboy Adam Croxford was most impressive in the 100m and 400m, and has taken an early lead in the club's 100m rankings!

Besides Adam, two other schoolboys took to the track. Jackson Finlay (U18) ran a very fast 400m, while Sam Anderson (U16), whose main event is the high jump, showed his versatility by running a 1500m. This latter event was OS's best, as, among our nine runners, Darcy Long and Chris Taylor took advantage of perfect conditions to register PB's.

We have a break now until the next round at Ringwood on Sat 14 November.

Below are the provisional results – please advise me of any errors or omissions. I have also included the Melbourne Marathon results for our two representatives, Ant Rickards and Nick Wallace-Smith. Congratulations to Ant on another Victorian Championship medal, this time a bronze.

### **RESULTS – 29 Oct 2009**

#### **Open**

100m	A Hennessy	12.98	
	L M-McHarg	13.48	
	R Belton	14.77	
400m	D Long	53.2	
	L M-McHarg	59.7	
	A Hennessy	63.2	
1500m	D Long	4:01.3	PB
	R Schwerkolt	4:01.8	
	C Taylor	4:14.7	PB
	S Lawrence	4:27.3	
	L M-McHarg	4:39.5	
	M Purvis	4:45.8	M50 CLUB REC
	S Curry	4:54.3	INV
	P Dodgshun	5:43.5	
4x100	Hennessy, M-McHarg, Southall, Long		51.3
110H	R Belton	27.62	
2kW	S Facey	12:15.5	
TJ	A Wheeler	13.68m	
	M Grose	11.65m	
	R Belton	8.29m	
DT	R Belton	20.87m	
JT	R Belton	13.53m	

#### **U18**

400m J Finlay 51.1

#### **U16**

1500m S Anderson 4:45.5

#### **U14**

100m A Croxford 12.87m  
400m A Croxford 57.1

#### **Melbourne Marathon – 11 Oct 2009**

A Rickards 2:27.09 3<sup>rd</sup> Victorian  
N Wallace-Smith 3:35.54