

The McPhail 8km, Saturday 10 May

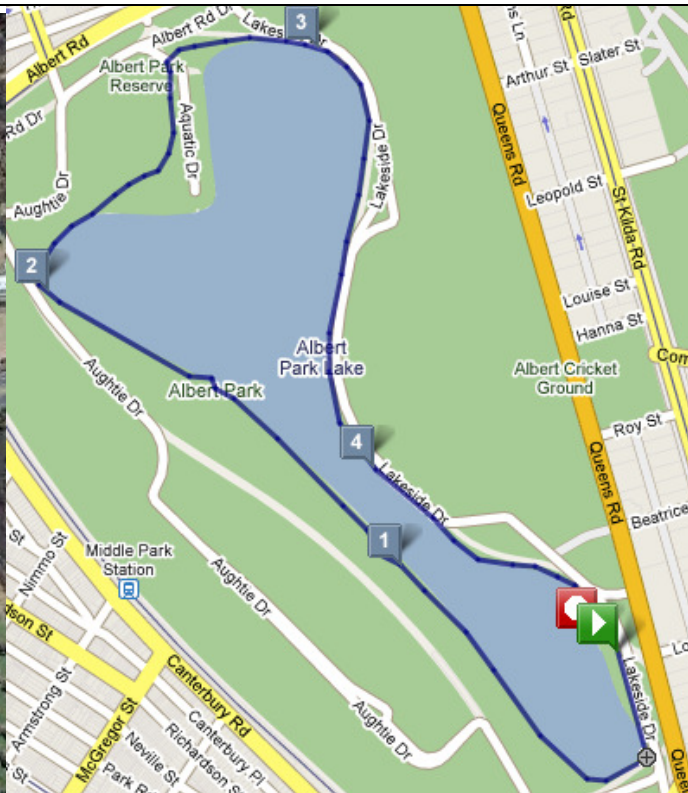
The McPhail

It was another perfect day for running at the McPhail the previous Saturday (see below left for map). We were a bit light on at the pointy end of the field, but **Rob Schwerkolt** managed to come 5th overall despite having an encounter with a fence on the first lap. Darcy Long came 7th overall, surpassing his previous performance at this race of 7th. **Mark Purvis** also had another ripper coming 29th overall. Then it was “The Doctor”, **Tarquin Oehr** who came 51st and had to listen to my medical complaints post race. It was good to see **Ross Becroft** out for his second race in a row! Rossco came 71st.

Sealed Handicap

Gerry Voukelatos predicted he would have a good result in the handicap. He didn't disappoint, coming 9th. He apparently improved his performance by 5mins from the prior year. **Lynn Kisler** also had a solid run coming 14th in the handicap. Other significant results were:

- Tarquin Oehr, 20th
- Darcy Long 21st
- Mark Purvis, 26th



Next Race

The next race is the Orchard Handicap at Albert Park. The race is 10km, or 2 laps of the Albert Park circuit, plus a small finishing loop.

What: Orchard 10km Handicap

When: Saturday 24 May @ 2:30pm

Where: Albert Park, 2L A11 (Powerhouse Rowing Club)

Map: See map on the right, above

Sponsors- Buddhas Belly



Licensed Cafe & Bar
75 Chapel St, Windsor
(near Windsor Station,
Dandenong Rd end of
Chapel St)
Open 7.00 am - 3.30 pm
9510 3696

APSOC AAA Ken McPhail 8 km - 10 May 2008 - Scratch Results

Open

Pos	Name	Club	Time	Status
5	Schwerkolt, Robert	OS	26:32.0	
6	Long, Darcy	OS	27:24.6	
25	Purvis, Mark	OS	29:44.8	
51	Oehr, Tarquin	OS	32:52.0	
57	Facey, Stuart	OS	34:07.5	
65	Aitken, Andrew	OS	34:54.4	
70	Wallace-Smith, Nick	OS	35:45.1	
71	Becroft, Ross	OS	35:45.5	
84	Kisler, Lynn	OS	37:12.5	Female
92	Dodgshun, Peter	OS	38:00.8	
93	Voukelatos, Gerry	OS	38:17.7	
95	Watson, Nigel	OS	38:32.3	
98	Lightfoot, David	OS	39:13.6	
102	Holmes, Julia	OS	39:46.6	Female
108	Lightfoot, Lisa	OS	40:19.6	Female
112	Wilson, Rob	OS	41:08.5	
126	Barton, Philip	OS	45:01.0	

APSOC AAA Ken McPhail 8 km - 10 May 2008 - Handicap Results

Pos	Name	Club	Fin Time	Hcp	Adj Time	Status
9	Voukelatos, Gerry	OS	38:17.7	15.44	22:33.5	
14	Kisler, Lynn	OS	37:12.5	14.29	22:43.4	Female
20	Oehr, Tarquin	OS	32:52.0	9.57	22:54.8	
21	Long, Darcy	OS	27:24.6	4.23	23:01.4	
26	Purvis, Mark	OS	29:44.8	6.28	23:16.5	
29	Schwerkolt, Robert	OS	26:32.0	3.12	23:19.9	
50	Dodgshun, Peter	OS	38:00.8	14.1	23:50.9	
51	Aitken, Andrew	OS	34:54.4	11	23:53.9	
60	Wilson, Rob	OS	41:08.5	16.53	24:15.1	
66	Holmes, Julia	OS	39:46.6	15.14	24:32.3	Female
71	Watson, Nigel	OS	38:32.3	13.56	24:36.0	
77	Facey, Stuart	OS	34:07.5	9.2	24:47.8	
86	Becroft, Ross	OS	35:45.5	10.45	25:00.8	
93*	Barton, Philip	OS	45:01.0	19.45	25:15.8	
99	Lightfoot, Lisa	OS	40:19.6	14.41	25:38.7	Female
104	Wallace-Smith, Nick	OS	35:45.1	9.44	26:00.9	
116	Lightfoot, David	OS	39:13.6	11.08	28:06.0	