

The Jamieson, Saturday April 5

Welcome Back

Welcome back to all athletes for the 2008 winter season. A record turnout of 230 runners attempted the 5km Jamieson course at Scotch College last Saturday, with the results immediately showing the **Old Scotch can win races this season**. Old Scotch placed third on the day in the team event, with some of the young guns from school coming out for a practice before their season starts next week. The strength of the Division 1 Team should be bolstered by the return of **James Atkinson** for the Dyson. The return of **Paul Wilson** also has strengthened the Div 1 team significantly.

Teams

Well done to the Div 1 team who came 3rd for the Day. The Div 2 team came 2nd, and our ladies team featuring **Susanne Wilson, Lynn Kisler, Julia Holmes** and **Annika Wilson** came 4th.

We can do it!!!!

We are not far off threatening Old Haileybury. A full strength Old Scotch side at the Dyson would send shivers down OH's spine. Only minor improvements in performance could cause an upset to remember. To demonstrate, some minor tweaking to the Jamieson results and an improvement of just under a minute across the board:

Old Scotch

Actual	Name	Possible	Gain needed (sec)
4	Wilson, Paul	3	4
	Atkinson, James	5	?
10	Simm, Peter	8	12
11	Schwerkolt, Robert	9	13
14	Wallis, Adrian	13	5
24	Long, Darcy	19	22
49	Purvis, Mark		
112	Total	57	

Old Haileybury

Actual	Name	Possible
1	Bayley, Matthew	1
8	Verwey, Dane	10
12	Williamz, Jordon	12
13	Gasson, Dean	14
18	Robertson, Neil	15
20	Wilson, Justin	20
72	Total	72

Scratch Results

Some very strong performances were seen by athletes in the scratch race. In particular **Paul "Williams" Wilson** demonstrated how fit he was by placing 4th overall. **Pete Simm** and **Rob Schwerkolt** 10th and 11th respectively. **Adrian Wallis** managed 14th and **Darcy Long** came 24th despite being on a month break from training. **Mark Purvis** had a great race and was our sixth runner for the day.

Several schoolboy athletes competed for us on the weekend.

58	Stewart, Harley	OS	18:42.2
64	Hope, Angus	OS	18:47.8
86	Li, Daniel	OS	19:41.6
94	Breidahl, Emil	OS	20:28.9
111	Grose, Matthew	OS	21:15.8

Div 2 Team

A reasonable start for the Div 2 team on Saturday. The Div 2 team placed third, helped significantly by some of the schoolboys. It was great to see the return of **Chris Taylor** the winter season. I'm sure we will see more of Chris throughout the season if he doesn't get caught up in Friday night drinks.



Chris Taylor & Darcy Long hold the 1956 Melbourne Olympic Torch

Handicap

There were some awesome results in the handicap race for Old Scotch. **Julia Holmes** took out the race, while **Gerry Voukelatos**, who was reminiscing about his UFO experience 5 years ago came second in a truly inter-stellar performances. **Mark Purvis** came 4th in the handicap and despite proclaiming that "a 50 year old should not be in our top 6 runners".



Gerry Voukelatos and Julia Holmes receiving their awards.

Helpers

A big thank you to all the people that helped at the Jamieson. **Candice Charles** in the kitchen, **Graham Gray, Alan Hooley** and **Alex Wallace-Smith** and **Gregor Evans** as marshals.

Next Race

The next race is the Hare and Hounds 8km fixed interval handicap.

Where: Arch Brown Reserve Berwick, Melway 111 F6

Time: 2:30pm

This is a cult favourite amongst APSOCians. The course features one large hill and one super hill. The race is a combination of sealed road and farmland. As it is a fixed interval handicap, with participants usually leaving at 10 second or 15 second intervals, the greater the number of participants, the less it favours the back markers.

Sponsors- Buddhas Belly



Licensed Cafe & Bar
75 Chapel St, Windsor (near Windsor Station, Dandenong Rd end of Chapel St)
Open 7.00 am - 3.30 pm
9510 3696

APSOCAAA Jamieson 5 km - 5 April 2008 - Scratch Results

Pos	Name	Club	Time	Status
10	Simm, Peter	OS	16:18.1	
11	Schwerkolt, Robert	OS	16:19.2	
14	Wallis, Adrian	OS	16:31.6	
24	Long, Darcy	OS	17:21.3	
49	Purvis, Mark	OS	18:19.0	
58	Stewart, Harley	OS	18:42.2	
61	Wilson, Ewen	OS	18:45.4	
64	Vigors, Will	OS	18:47.8	
71	Taylor, Chris	OS	19:23.8	
76	Wilson, Susanne	OS	19:34.6	Female
80	Li, Daniel	OS	19:41.6	
83	Pirie, Andrew	OS	19:45.8	
93	Wallace-Smith, Nick	OS	20:19.0	
94	Griffiths, Caleb	OS	20:28.9	
111	Grose, Matthew	OS	21:15.8	
117	Cathie, James	OS	21:33.4	
119	Holmes, Jon	OS	21:36.8	
120	Oehr, Tarquin	OS	21:38.1	
121	Aitken, Andrew	OS	21:44.5	
141	Facey, Stuart	OS	22:51.2	
144	Dodgshun, Peter	OS	23:01.7	
145	Lightfoot, David	OS	23:03.4	
148	Kisler, Lynn	OS	23:39.4	Female
149	Holmes, Julia	OS	23:41.1	Female
152	Wilson, Annika	OS	23:43.9	Female
160	Koike, Tamami	OS	24:11.4	Female
161	Lightfoot, Lisa	OS	24:15.2	Female
169	Voukelatos, Gerry	OS	24:49.4	
171	Wilson, Rob	OS	24:54.5	
187	Findlay, Colin	OS	27:02.5	

APSOCAAA Jamieson 5 km - 5 April 2008 - Sealed Handicap Results

Pos	Name	Club	Time	Hcp	Adj Time	Status
1	Holmes, Julia	OS	23:41.1	11.12	12:29.5	Female
2	Voukelatos, Gerry	OS	24:49.4	11.51	12:58.5	
4	Purvis, Mark	OS	18:19.0	5.12	13:07.1	
12	Koike, Tamami	OS	24:11.4	10.43	13:28.5	Female
20	Wallace-Smith, Nick	OS	20:19.0	6.34	13:45.3	
29	Simm, Peter	OS	16:18.1	2.14	14:04.5	

32	Wilson, Paul	OS	16:00.5	1.54	14:06.7	
35	Schwerkolt, Robert	OS	16:19.2	2.09	14:10.6	
37	Holmes, Jon	OS	21:36.8	7.25	14:12.1	
43	Dodgshun, Peter	OS	23:01.7	8.46	14:15.4	
*	Li, Daniel	OS	19:41.6	5.23	14:18.1	
51	Long, Darcy	OS	17:21.3	2.48	14:33.4	
54	Wilson, Rob	OS	24:54.5	10.16	14:38.4	
64	Pirie, Andrew	OS	19:45.8	4.56	14:49.9	
68	Wallis, Adrian	OS	16:31.6	1.36	14:55.3	
69	Aitken, Andrew	OS	21:44.5	6.48	14:56.8	
70	Wilson, Susanne	OS	19:34.6	4.37	14:57.2	Female
72	Taylor, Chris	OS	19:23.8	4.25	14:59.1	
81	Cathie, James	OS	21:33.4	6.28	15:05.6	
83	Kisler, Lynn	OS	23:39.4	8.28	15:11.8	Female
90	Lightfoot, Lisa	OS	24:15.2	8.56	15:19.1	Female
102	Oehr, Tarquin	OS	21:38.1	5.48	15:49.7	
*	Vigors, Will	OS	18:47.8	2.48	16:00.2	
111	Wilson, Ewen	OS	18:45.4	2.16	16:29.3	
*	Griffiths, Caleb	OS	20:28.9	3.39	16:49.9	
117	Facey, Stuart	OS	22:51.2	5.6	16:51.5	
123	Lightfoot, David	OS	23:03.4	5.31	17:32.5	
124	Findlay, Colin	OS	27:02.5	9.29	17:33.5	
*	Stewart, Harley	OS	18:42.2	0	18:42.2	
*	Grose, Matthew	OS	21:15.8	0	21:15.8	
*	Wilson, Annika	OS	23:43.9	0	23:43.9	Female

APSOC AAA Jamieson 5 km - 5 April 2008 - Team Results

Division 1

Plc	Team	Name	Time	Pos	Pts
	3 OS1	Wilson, Paul	16:00.5	4	
		Simm, Peter	16:18.1	10	
		Schwerkolt, Robert	16:19.2	11	
		Wallis, Adrian	16:31.6	14	
		Long, Darcy	17:21.3	24	
		Purvis, Mark	18:19.0	49	112

Division 2

	2 OS2	Stewart, Harley	18:42.2	58	
		Wilson, Ewen	18:45.4	61	
		Vigors, Will	18:47.8	64	
		Taylor, Chris	19:23.8	71	
		Wilson, Susanne	19:34.6	76	
		Li, Daniel	19:41.6	80	410
	7 OS3	Pirie, Andrew	19:45.8	83	
		Wallace-Smith, Nick	20:19.0	93	
		Griffiths, Caleb	20:28.9	94	
		Grose, Matthew	21:15.8	111	
		Cathie, James	21:33.4	117	
		Holmes, Jon	21:36.8	119	617
13	OS4	Oehr, Tarquin	21:38.1	120	
		Aitken, Andrew	21:44.5	121	
		Facey, Stuart	22:51.2	141	

		Dodgshun, Peter	23:01.7	144	
		Lightfoot, David	23:03.4	145	
		Kisler, Lynn	23:39.4	148	819
	19OS5	Holmes, Julia	23:41.1	149	
		Wilson, Annika	23:43.9	152	
		Koike, Tamami	24:11.4	160	
		Lightfoot, Lisa	24:15.2	161	
		Voukelatos, Gerry	24:49.4	169	
		Wilson, Rob	24:54.5	171	962

Women

	4OS1	Wilson, Susanne	19:34.6	6	
		Kisler, Lynn	23:39.4	21	
		Holmes, Julia	23:41.1	22	
		Wilson, Annika	23:43.9	25	74