

**AV Shield Competitoin  
Round 3**

**RESULTS - 1 November 2007  
Open**

Over a dozen athletes braved the cold and wet conditions last Thursday, with several good results posted despite the weather. Newcomers Matt Grose and Tony Crawford both run solid 100m times on a wet track. We saw more strong performances by Rob Schwerkolt and Sam Curry in the 3km. Darcy Long came in under two minutes for the 800m and Chris Taylor ran a quick couple of laps for his first appearance this season. Andrew Wheeler put off study for his year 12 exams to compete in the long jump and javelin. The 4x200m team of Southall, Marshall, Wheeler and distance runner Wallace-Smith gave a respectable performance, but would benefit from an extra sprinter hanging around for the relays. The club welcomes new member Tony Crawford and we encourage Matt Grose to sign up and hope to see him running regularly this summer. The next meet, round 4, is on Saturday 17 Nov at Doncaster and is program 1. It'll be good to see OS have a big turnout, hopefully with some competitors in a few more field events and more people hanging around for the relays.

100m	P Marshall	12.3	
	J Southall	12.6	(-0.3)
800m	D Long	01:58.1	
	C Taylor	02:05.6	
	S Curry	02:14.7	
	N Wallace-Smith	02:31.0	
3000m	R Schwerkolt	08:52.8	
	S Curry	09:45.9	
	N Wallace-Smith	11:08.0	
	S Facey	11:21.3	
	P Dodgshun	12:46.8	
LJ	A Wheeler	5.99m	
Jav	P Marshall	N/T	
U18			
100m	M Grose	11.7	INV
Jav	A Wheeler	42.?m	
U16			
100m	T Crawford	12.2	