

The Alan Hooley Relay 3.3km – Saturday 14th July, 2007

Next Race

The next race is the Brighton-By-The-Sea 9km Handicap. It's a very flat course, with a couple of minor step climbs/descents with a sand finish.

What: Brighton-By-The-Sea 9km Handicap

Where: Green Point, Brighton (76 C3)

When: Saturday 14th July @ 2:30 pm

An early reminder also, that the Williamson, a championship race, is on 11 August. It would be great to have everyone on hand to race. The Mens 2nd team has a real chance of winning the second division.

Hooley Summary

What a great race! Our Div 1 team did us all proud when they powered to second place at the Hooley relay. Their time of 88min59sec was faster than last years winning time. **Adrian Wallis** was the star of the day, running a 10min49sec and 10min51sec laps for the 3.3km course. **Darcy Long** was the biggest improver of the team and he had a negative split for the second lap. **Rob Schwerkolt** gave everything for his first lap but couldn't maintain the pace for the second lap. **Pete Simm** also had a negative split for the second lap.

The Div 2 team, featuring some of the junior talent (**Charlie Blanch & Caleb Griffiths**) of the schoolboy's team came second, a great result. By my calculations, the Div 2 team is now sitting in second place overall, a serious contender for a div 2 premiership.

Unfortunately we didn't have a female team because my phone didn't have reception and I couldn't receive Lisa Lightfoot's message that they were coming. Sorry Lisa, Lynn and Tamami!

Ant Rickards and James Atkinson

Two OS athletes had fantastic results recently in the Gold Coast Marathon. **Antony Rickards** was running the full marathon and came 8th overall in a time of 2:28.36. He was also second in his age group. **James Atkinson** ran in the half marathon and came 22nd in a time of 1:10.17 – so close to breaking his goal of 70mins. He also won his age category. Well done guys!

Jon Holmes

I must apologise to Jon Homes for reporting that his marathon PB was 2hours 59mins. It is in fact 2:51.52, which is a very quick run. The funny thing was that I first got a email from Stuart Facey saying that the time was incorrect and that I would probably get an email from Jon correcting me very soon – that email came the next minute.

Uniforms

APSOC is cracking down on incorrect uniforms. The uniform for Old Scotch is:

Red Singlet @ \$16 each, red shorts @ \$35 each

Please ensure that you have correct uniform to avoid being disqualified and losing valuable points.

OSC Athletic Club 2007-08: Sponsored by

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Division 1

	Jamieson	Dyson	Geelong	Hooley	Williams	Cooke-M	Total
OH1	10	10	8	10			38
OX1	8	8	10	7			33
OS1	7	6	7	8			28
OW1	6	7	3	6			22
OC1	3	5	5	3			16
SK1	1	4	6	5			16
OH2	4	2	4	2			12
OX2	5	3	2	4			14
OG1	2	1	1	1			5

Division 2

	Jamieson	Dyson	Geelong	Hooley	Williams	Cooke-M	Total
OX3	8	8	10	4			30
OW2	7	7	6	10			30
OS2	10	4	7	8			29
OH3	6	6	8	5			25
OX4	5	5	3	0			13
OC2	2	3	2	6			13
OH4	4	2	4	2			12
OW3	3	1	0	7			11
OM1	0	10	0	0			10
OS3	1	1	5	3			10

Female

	Jamieson	Dyson	Geelong	Hooley	Williams	Cooke-M	Total
OW1	8	10	10	10			38
OX1	10	8	8	8			34
OW2	3	7	6	6			22
OC1	6	2	7	7			22
OH1	7	5	3	4			19
OX2	5	4	5	0			14
OS1	4	1	4	0			9

OG1	2	6	0	0		8
OW3	0	3	0	5		8
OC2	1	1	0	0		2
OH2	1	1	0	0		2
OB1	1	0	0	0		1

2OS1	Schwerkolt, Robert	0	10.56	10.56	88.59
	Long, Darcy	10.56	22.14	11.18	
	Wallis, Adrian	22.14	33.04	10.5	
	Simm, Peter	33.04	44.29	11.26	
	Schwerkolt, Robert	44.29	55.5	11.2	
	Long, Darcy	55.5	66.58	11.08	
	Wallis, Adrian	66.58	77.49	10.51	
	Simm, Peter	77.49	88.59	11.1	

2OS2	Griffiths, Caleb	0	12.29	12.29	107.5
	Blanch, Charles	12.29	24.54	12.25	
	Facey, Stuart	24.54	38.59	14.05	
	Wallace-Smith, Nick	38.59	53.09	14.1	
	Griffiths, Caleb	53.09	66.04	12.55	
	Blanch, Charles	66.04	78.5	12.46	
	Facey, Stuart	78.5	92.48	13.59	
	Wallace-Smith, Nick	90	105.02	15.02	

7OS3	Cathie, James	0	14.2	14.2	119.26
	Holmes, Jon	14.2	29.23	15.02	
	Aitken, Andrew	29.23	43.53	14.31	
	Dodgshun, Peter	43.53	59.33	15.4	
	Cathie, James	59.33	74.17	14.44	
	Holmes, Jon	74.17	89.19	15.02	
	Aitken, Andrew	89.19	103.54	14.35	
	Dodgshun, Peter	90	105.32	15.32	

Yellow = Fastest Lap

3	2	Wallis, Adrian	1	OS	10:49.8
5		Wallis, Adrian	2	OS	10:51.0
7	5	Schwerkolt, Robert	1	OS	10:55.8
13	9	Long, Darcy	2	OS	11:08.4
14	10	Simm, Peter	2	OS	11:10.2
16		Long, Darcy	1	OS	11:18.0
17		Schwerkolt, Robert	2	OS	11:20.4
20		Simm, Peter	1	OS	11:25.8
47	26	Blanch, Charles	1	OS	12:25.2
52	30	Griffiths, Caleb	1	OS	12:29.2
64		Blanch, Charles	2	OS	12:45.6
71		Griffiths, Caleb	2	OS	12:54.6
105	57	Facey, Stuart	2	OS	13:58.8
108		Facey, Stuart	1	OS	14:04.8
110	60	Wallace-Smith, Nick	1	OS	14:10.2
119	65	Cathie, James	1	OS	14:20.3
128	70	Aitken, Andrew	1	OS	14:30.6
133		Aitken, Andrew	2	OS	14:35.4
137		Cathie, James	2	OS	14:44.4
153		Wallace-Smith, Nick	2	OS	15:01.8
153	81	Holmes, Jon	2	OS	15:01.8
155		Holmes, Jon	1	OS	15:02.4
165	87	Lightfoot, David	2	OS	15:19.8

171	89	Dodgshun, Peter	2	OS	15:31.8	
174		Dodgshun, Peter	1	OS	15:39.6	
177	94	Lightfoot, Lisa	2	SK	15:46.2	Female
180	97	Kisler, Lynn	1	OS	15:56.2	Female
189		Lightfoot, Lisa	1	OS	16:20.4	Female
193		Kisler, Lynn	2	OS	16:27.0	Female
194	101	Wilson, Rob	2	OS	16:33.6	
198		Lightfoot, David	1	OS	16:45.6	
203	105	Findlay, Colin	2	OS	17:21.6	
207		Wilson, Rob	1	OS	17:40.2	
210		Findlay, Colin	1	OS	17:53.4	
211	107	Koike, Tamami	2	OS	17:57.0	Female
213		Koike, Tamami	1	OS	18:10.2	Female