

The Geelong Relays 5.7km – Saturday 16th June, 2007

Next Race

The Lodge Handicap is this Saturday. Firstly, a reminder that it starts at 2:00pm. So make sure that you are registered well before then. You have the option of running either 8km or 16km.

What: The Lodge Handicaps 8km or 16km

Where: St. Kevin's, Toorak (Melway – 69 B2) – Park your car in St. Kevin's and walk to the start.

When: Saturday 30th June @ 2:00 pm

Course: 8km – 1 lap, 16km – 2 laps

The course begins on the Yarra Boulevard, underneath the Monash Freeway (near St. Kevin's boat shed) and travels north past Scotch, Melbourne Girls College and to CUB Breweries, and returns. It is one of the flattest courses and should allow for some fast times.

Ross Becroft, just a reminder, the race is THIS WEEKEND, not LAST WEEKEND.

Geelong Summary

Well done to everyone who got down to Geelong. The perfect conditions allowed for some fast times, including **Dave McNeil** from Xavier, who broke his own course record by... 45 seconds! Our Div 1 team came a very respectable third place. **Sam Curry** and **Andrew Pirie** had their best races for the year. In all, we had 16 athletes competing, including our first female team ever at the Geelong Relay. I am also informed that **Lynn Kisler** may now hold the club record for this race with a time of 25:27, surpassing **Lisa Lightfoot's** 2005 time of 26:07. Well done Lynn.

Relay Summary

As I stated before, the Div 1 team featuring, **Curry, Pirie, Schwerkolt and Simm** fought hard and came home in third place. This results keeps Old Scotch Div 1 in third place overall in the APSOC championship. The Div 2 team also came third, which keeps them in the hunt for a Div 2 premiership. The OS third team came home in 5th place in Div 2. The female team was the first female team to complete the Geelong Relay. Well done girls! The team included **Lisa Lightfoot, Lynn Kisler and Tamami Koike**.

Geelong Scratch

Once again, great running from **Pete Simm** and **Rob Schwerkolt**. **James Cathie** had his best run of the season so far (it is also the first time he has beaten my time since round 5 APS cross country in 2000 – well done mate, you will inspire me to beat you again!). James' brother Mark, has unfortunately got a stress fracture and will have to sit a couple of rounds out. It is just another annoying injury for Mark, who completely severed his ACL in 2005... and didn't know about it (ouch!). Get better mate. **David Lightfoot** had another solid performance backing up from his handicap win at McPhail (which got a mention in the Progress Press!). It was great to see **Colin Findlay** getting through the race with a calf injury.

This week's analysis...APSOC championship

I have done a quick estimation of where every team is in the APSOC championship.

Division 1

	Jamieson	Dyson	Geelong	Total
OH1	10	10	8	28
OX1	8	8	10	26
OS1	7	6	7	20
OW1	6	7	3	16
OC1	3	5	5	13
SK1	1	4	6	11
OH2	4	2	4	10
OX2	5	3	2	10
OG1	2	1	1	4

Division 2

	Jamieson	Dyson	Geelong	Total
OX3	8	8	10	26
OS2	10	4	7	21
OH3	6	6	8	20
OW2	7	7	6	20
OX4	5	5	3	13
OH4	4	2	4	10
OM1	0	10	0	10
OC2	2	3	2	7
OS3	1	1	5	7
OW3	3	1	0	4

Female

	Jamieson	Dyson	Geelong	Total
OW1	8	10	10	28
OX1	10	8	8	26
OW2	3	7	6	16
OC1	6	2	7	15
OH1	7	5	3	15
OX2	5	4	5	14
OS1	4	1	4	9
OG1	2	6	0	8
OW3	0	3	0	3
OC2	1	1	0	2
OH2	1	1	0	2
OB1	1	0	0	1

Uniforms

APSOC is cracking down on incorrect uniforms. The uniform for Old Scotch is:

Red Singlet @ \$16 each, red shorts @ \$35 each

Please ensure that you have correct uniform to avoid being disqualified and losing valuable points.

OSC Athletic Club 2007-08: Sponsored by

Buddha's Belly - Licensed Cafe & Bar

75 Chapel St, Windsor

Open 7.00 am - 3.30 pm - phone 9510 3696

APSOCAAA Geelong Relay 5.7 km legs - 16 June 2007 - Scratch Results

Pos	Name	Club	Time	Status
4	Schwerkolt, Robert	OS	18:38.4	
5	Simm, Peter	OS	18:45.6	
30	Curry, Sam	OS	21:12.0	
33	Pirie, Andrew	OS	21:26.6	
37	Purvis, Mark	OS	21:37.3	
48	Facey, Stuart	OS	22:35.4	
52	Lightfoot, David	OS	22:48.6	
56	Cathie, James	OS	23:08.1	
67	Aitken, Andrew	OS	23:52.2	
73	Wallace-Smith, Nick	OS	24:22.8	
74	Holmes, Jon	OS	24:30.6	
82	Dodgshun, Peter	OS	25:24.0	
83	Kisler, Lynn	OS	25:27.6	Female
85	Lightfoot, Lisa	OS	25:44.0	Female
92	Voukelatos, Gerry	OS	27:25.2	
94	Koike, Tamami	OS	27:37.2	Female
98	Findlay, Colin	OS	29:14.6	

APSOCAAA Geelong Relay - 16 June 2007 - Team Results
Division 1 - 4 x 5.7 km

Plc	Team	Name	Start	Finish	Time	Total
3	OS1	Pirie, Andrew	0	21.27	21.27	
		Curry, Sam	21.27	42.39	21.12	
		Schwerkolt, Robert	42.39	61.17	18.38	
		Simm, Peter	61.17	80.03	18.46	80.03

Division 2 - 4 x 5.7 km

Plc	Team	Name	Start	Finish	Time	Total
3	OS2	Purvis, Mark	0	21.37	21.37	
		Aitken, Andrew	21.37	45.29	23.52	
		Lightfoot, David	45.29	68.18	22.49	
		Facey, Stuart	68.18	90.53	22.35	90.53
5	OS3	Cathie, James	0	23.08	23.08	
		Dodgshun, Peter	23.08	48.32	25.24	
		Wallace-Smith, Nick	48.32	72.55	24.23	
		Holmes, Jon	70	94.31	24.31	97.25

Female - 3 x 5.7 km

6	OS1	Lightfoot, Lisa	0	25.44	25.44	
		Koike, Tamami	25.44	53.21	27.37	
		Kisler, Lynn	53.21	78.49	25.28	78.49